

## Health Kit for a Homeless Person

### Contents:

- Shampoo\*
- Conditioner
- Comb/small brush\*
- Deodorant\*
- Can opener\*
- Bar of soap\*
- Lotion
- Shaving cream (for men)
- Toothbrush\*
- Tube of toothpaste\*
- Nail clipper
- Band-Aids/small first aid kit\*
- Hand sanitizer\*
- Tissues
- Pair of socks\*
- Underwear
- Washcloth or hand towel\*
- Men's white undershirts size Large\*

\*= prefer to have at least 6 of these particular items

Please put each health kit in a 2-gallon Ziploc bag (marked with sex and size if containing underwear). *Items can be travel sized.*