FRUITS & VEGETABLES
- Canned tomato products/spaghetti sauces*
- Canned fruit in light syrup or their own juices H
- No sugar added applesauce H
- Dried fruits (raisins, apricots, prunes, etc.) H
- Canned and boxed 100% juice H
- Low-sodium or “no salt added” canned vegetables H
- Canned ethnic foods (bamboo shoots, hominy, etc.)
- Vegetable or Chunky soups
- We also accept produce* (backyard grown or fresh)—please drop off to CSA office.

BREAD, CEREAL, RICE & PASTA
- Brown or whole grain rice*
- Whole wheat pasta*
- Instant rice or breakfast bowls H
- Granola bars H
- Whole wheat/bran cereal
- Whole wheat flour
- Whole grain pancake mix
- Plain or low sugar oatmeal
- Whole grain crackers, graham crackers

POULTRY, FISH, BEANS & NUTS
- Canned chicken or turkey*
- Canned salmon or tuna in water*
- Unsalted nuts: almonds, walnuts, peanuts, soy nuts or pistachios H
- Canned or dried beans
- Turkey or vegetarian chili
- Low sodium broth or beans soups
- Peanut butter*

MILK, YOGURT & CHEESE
- Fat free pudding H
- Instant breakfast drinks, Ensure H
- Powdered milk
- Shelf stable milk or soy milk

* = most needed items
H = in need of individually packaged/pop-top canned items for homeless bags.

Donations accepted Mon.-Fri. 9:30-12pm & 1:30-4pm
204 Stierlin Road
Mountain View, CA 94043

Food Drives Contact LaDrea Clark
lclark@CSAcares.org or 650.964-4630 for barrel pick-up or drop off.

Thank you for helping us minimize hunger & food insecurity to over 5,700 people in our community each year.

www.CSAcares.org